



Your Safety

You will be given a full safety briefing on the day, here are a few tips to help minimise risk and maximise adventure on your Heli Day!

For your safety, it is critical to respect the role of your guide.

He/She is a qualified and highly experienced professional who knows the area.

Always listen and obey any directions from your guide.



SAFETY AROUND HELICOPTERS:

Your guide will co-ordinate the loading and unloading of the helicopter on each flight. It is critical that you pay close attention to the directions being given.

Never approach or disembark a helicopter without direction from your guide. Your guide will manage all of your equipment in and around the helicopter – do not interfere with any equipment during this process.

SAFETY IN THE BACKCOUNTRY:

Managing risk is your guide's top priority, a big part of your guide's role. He/She will constantly be monitoring backcountry hazards such as crevasses, avalanches and weather conditions. Ensure that you are always in control when Heli-skiing/ boarding as you may need to stop quickly to avoid such hazards.

Never ski outside of the areas defined by your guide, and never ski ahead of your guide unless he or she advises you to do so.

In the unlikely event that you find yourself in trouble – remember to stay calm, your guide will

not be far away and is fully trained in rescue and first aid techniques.

If you find yourself in an avalanche there are a few simple things you can do to assist yourself: First, try to ski to the outer edge of the avalanche. If this is not possible then kick off your skis and let go of your poles. Try to get to the side of the avalanche by using a swimming and rolling motion try to stay on top of the moving snow. When the snow is coming to a stop, place one hand in front of your face to create an air-pocket and raise a hand to signal your location. Remain calm and await help.

Mailing Address:

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Winter Shop Location:

"Info & Snow" 37 Shotover St, Queenstown, NZ
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www.alpineheliski.com



Logistics & Safety Information



**Welcome to Alpine Heli-Ski's
'Powder Personalised' experience!**

**YOU WILL RECEIVE A FULL
BRIEFING PRIOR TO FLYING.**

However, we outline key information here to ensure you're ready to take on the best skiing and boarding terrain in New Zealand!

Please read this information carefully before your Heli Day and feel free to contact us if you have any questions.





How Will Your Heli Day Run?

7.45am to 8.15am: Your guide will contact you to confirm operational status.

8.30am to 9am: Pickups. If you've hired gear, we're happy to collect it for you as well.

Transport to staging destination. This will vary each day depending on where the best conditions are for that day's operation.

At the staging area you will receive a comprehensive briefing on helicopter safety and potential back-country terrain hazards. You will be given an avalanche transceiver and instruction on its use.

Then its time to carve your signature down a few mountains! Upon booking we will have asked about your current ability level as well as any terrain preferences. With this in mind, your guide will select the ideal terrain for your Heli Day.

After a couple of runs, we stop for our gourmet mountain-top lunch (included with all of our packages).

After lunch you will continue with the balance of your runs before returning to the staging area and back to your accommodation.





Clothing & Equipment

CLOTHING

Alpine conditions can change rapidly, so it is important to be prepared.

This means dressing as you would for a cold day at the resort. Use layers so you have the right clothing combination for any conditions. Ensure that you have wind and waterproof pants and jacket.

EQUIPMENT

Specialty powder skis and boards are specifically designed to optimise performance in deep conditions. While not essential, they will make your Heli Day that much more enjoyable. If you don't have your own equipment, hiring is a popular option and easily coordinated.

Our staff can recommend a variety of rental outlets that carry powder equipment. We can arrange for the pick-up and drop-off of any gear that you hire.

MORNING CHECKLIST

- Big breakfast to fill up your energy stores!
- Energy snacks that can fit into your pockets
- Board/Skis/Poles if you have your own (or have not arranged for us to collect your hire equipment)
- Ski/Board Boots (wear casual shoes to the staging area)
- Goggles/sunglasses
- Water/wind proof outer layer
- First and second underlayers
- Camera
- Warm gloves
- Sunscreen
- Helmets (recommended)



We look forward to delivering your 'Powder Personalised' adventure!

Reservations Policy: Cancellations – Cancellations made up to 24 hours prior to skiing will receive a full refund.

Refunds – If flying is not possible due to adverse weather conditions, clients will be fully refunded. If some heli-skiing/

boarding has been possible, but less than the number of runs booked, clients will be refunded at NZD\$100 per run not skied, or 'downgraded' to the next lowest run package, whichever is the least cost to Alpine Heliski Ltd. Please note: Refunds are not given due to injury, lack of ability or fitness.