

HELI-SKIING/BOARDING LOGISTICS & SAFETY INFORMATION

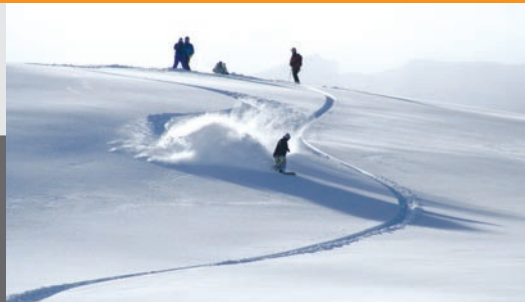


**WELCOME TO THE 'POWDER PERSONALISED' EXPERIENCE
THAT IS SKIING/BOARDING WITH ALPINE HELI-SKI!**

**YOU WILL RECEIVE A FULL
BRIEFING PRIOR TO FLYING.**

However this document outlines some key information that you will need to ensure that you are ready to take on some of the best skiing and boarding terrain in the world!

Please read it carefully before your Heli-Day and feel free to contact us if you have any questions.



Mailing address:

PO box 992, Queenstown, New Zealand

Winter shop location:

"Outside Sports Building" 36-38 Shotover St,
Queenstown, New Zealand

Ph: 64 3 441 2300 Fax: 64 3 441 2303

How will Your Heli-Day Run?



7.45 to 8.15am -You will be contacted at your accommodation at which time we will confirm if we are able to operate with the days forecasted weather and operational conditions.

8.30 to 9am – pickups. If you are hiring gear, then let us know the day before which store you have hired from, and we will arrange to pick it up before we collect you.

Transport to staging destination. This will vary each day depending on where the best skiing/boarding conditions are for that days operation.

Once at the staging area you will receive a comprehensive briefing which includes information on helicopter safety as well as potential back-country terrain hazards. You will be given an avalanche transceiver and instruction on its use.

Then its time to carve your signature down a few mountains! Upon booking we will have asked about your current ability level as well as any terrain preferences. With this in mind your guide will select the ideal terrain for your Heli-Skiing/Boarding pleasure.

After a couple of runs, we stop for our gourmet mountain top lunch (included with all of our packages).

After lunch you will continue with the balance of your runs before returning to the staging area and back to your accommodation.



Your Safety

YOU WILL BE GIVEN A FULL SAFETY BRIEFING ON THE DAY, HOWEVER BELOW ARE A FEW IMPORTANT TIPS TO HELP MINIMISE RISK AND MAXIMISE ADVENTURE ON YOUR HELI-DAY!



For your safety, it is critical to respect the role of your guide.

He/She is a qualified and experienced skier/boarder who knows the area.

Always listen and obey any directions from your guide.



Safety around Helicopters:

Your guide will co-ordinate the loading and unloading of the helicopter on each flight. It is critical that you pay close attention to the directions being given.

Never approach or disembark a helicopter without direction from your guide.

Your guide will manage all of your equipment in and around the helicopter – do not interfere with any equipment during this process.

Safety in the Backcountry:

Managing risk is a big part of your guide's role. He/She will constantly be monitoring back country risks such as crevasses, avalanches and other obstacles. Ensure that you are always in control when Heli-skiing/boarding as you may need to stop quickly to avoid such hazards.

Never ski outside of the areas defined by your guide, and never ski ahead of your guide unless he or she advises you to do so.

In the unlikely event that you find yourself in trouble – remember to stay calm,

your guide will not be far away and is fully trained in rescue and first aid techniques.

If you find yourself in an avalanche there are a few simple things you can do to assist yourself: Firstly, try to ski to the outer edge of the avalanche, if this is not possible then kick off your skis and let go of your poles. Try to get to the side of the avalanche by using a swimming and rolling motion try to stay on top of the moving snow. When the snow is coming to a stop, place one hand in front of your face to create an air-pocket and raise a hand to signal your location. Remain calm and await help.

CLOTHING & EQUIPMENT



CLOTHING

Alpine conditions can change rapidly, so it is important to be prepared.

This means dressing as you would for a cold day at the resort. You should use layers to enable you to have the right clothing combination for any conditions. Ensure that you have a wind/ waterproof outer layer for both your pants and jacket.

EQUIPMENT

Specialty powder skis and boards are specifically designed to optimise performance in Heli-Ski snow conditions. While not essential, they will make your Heli-Day that much more enjoyable. If you don't have your own equipment – hiring is a popular option and easily co-ordinated.

Our staff can recommend a variety of rental outlets that carry powder equipment and we can arrange for the pick-up and drop-off of any gear that you hire.

MORNING CHECKLIST

- Big breakfast to fill up your energy stores before you head out!
- Energy snacks that can fit into your pockets
- Stocks (and skis/board if you have your own, or have not arranged for us to pick up your hire equipment)
- Ski/Board Boots (wear casual shoes to the staging area)
- Goggles/sunglasses
- Water/wind proof outer layer
- First and second underlayers
- Camera
- Warm gloves
- Sunscreen



WE LOOK FORWARD TO DELIVERING YOUR 'POWDER PERSONALISED' ADVENTURE.

Reservations Policy: Cancellations – Cancellations made up to 24 hours prior to skiing will receive a full refund.

Refunds – If flying is not possible due to adverse weather conditions, clients will be fully refunded. If some

Heli-Skiing/Boarding has been possible, but less than the number of runs booked, clients will be refunded at NZD\$80 per run not skied, or 'downgraded' to the next lowest run package, whichever is the least cost to Alpine Heliski Ltd. Please note: Refunds are not given due to injury, lack of ability or fitness.



www.alpineheliski.com